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**HISTORY OF UKRAINE AND UKRAINIAN  
CULTURE  
GUIDE  
FOR FOREIGN STUDENTS**

Видавництво «Новий Світ – 2000»  
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In the teaching-methodical textbook, the history of Ukraine and Ukrainian culture are represented by a multidimensional phenomenon, which is based and structured as a polysemantic aspect combined with much socio-humanitarian knowledge. The structure of the discipline, the extensive topics of lectures, practical classes, independent work of students, as well as properly formulated teaching methods and forms of knowledge control adapted for the foreign recipient in accordance with the programs and requirements of the Ministry of Education and Science for the Bologna system.

Recommended for foreign students, graduate students, external students, who are studying at not specialized departments of universities, and for teachers of humanitarian disciplines.

Under the general editorship of Doctor of Philological Sciences, Professor Volodymyr Kachkan (Department of Ukrainian Studies and Philosophy of Ivano-Frankivsk National Medical University).

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## Foreword

The Ukrainian issue is becoming more and more relevant in the context of national development processes. It is important to realize that the meaning and essence of Ukrainian life, which is the vital power of the people in the past and the present, is an appeal to their own historical memory, honouring the heroic past, because, having such a historical gain, nations are not afraid of any obstacles.

The historical and cultural heritage of Ukraine presented as a polyfunctional, synthetic phenomenon, based on the system of historical, cultural, socio-political, philosophical, artistic and linguistic knowledge, is the subject of study of this textbook. This publication attempts to analyze and present the concept of "history" and "culture" as a set of spiritual, emotional and intellectual features of society. At the same time, the specificity of the medical student's audience as a means of presenting information about the medical national culture of Ukrainians is taken into account.

In the offered textbook, the history of Ukraine and Ukrainian culture are represented by a multidimensional phenomenon, which is based and structured as a polysemantic aspect combined with much socio-humanitarian knowledge. The sections of the textbook have a clear chronological and consistent construction, the content corresponds to the current curriculum study program, followed by an analysis of the entire period of establishment, incipience and development of Ukrainian national history and culture.

The book helps the foreign recipient to understand the content and essence of discipline, its theoretical and methodological principles through the presentation of the first principles of Ukrainian civilization and culture, through the main stages of state formation and up to the present stage of the formation of Ukraine as an independent national structure, an understanding of the cultural phenomenon in a variety of genre and kinds manifestations, that formed on the assimilation of experience of many generations.

With the current changes in the education system in Ukraine, the question of the formation of a harmonious, fully developed personality is of particular importance. Mastering future medical professionals, in particular foreigners, knowledge of humanitarian disciplines creates the right conditions for the emergence of a new generation of specialists that will subsequently properly represent the country of their alma-mater outside of the country, which determines the relevance of the development of this project.

This textbook created in accordance with the Standard of Higher Education of Ukraine, which is based on the integrated approach and defines the appropriate requirements for a specialist, laid down at the base of the Bologna Process.

## Part I. HISTORY OF UKRAINE

### Topic 1: “Pre-princely and princely period”

**Topic highlights:** realization of the thought that the pre-princely



period of history is Ukrainian and that on Ukrainian lands there existed more than 35 states at different time. The most important of these states was Aratta-Oratania (Trypillian culture),

that put the start of world civilization. Understanding the problems of the current stage incipience of the Ukrainian state based on the knowledge of the Ukrainian state of the pre-princely period. The continuity of state-creative processes from times of the ancient world till today. The Chalcolithic period was followed by a period of Bronze (from 2nd till 1st millennium BC) when the first artificial man-made alloy was created, that has great advantages over the copper. During the Bronze Age patriarchal relations (rule of men) finally gained a foothold in those times society. Approximately at the turn of the 2nd and 1st millennium BC begins early Iron Age. At this time, the development of agriculture, soldiery, craft, and trade is activated. Development of the Kyivan state. Informing data about the origin, development, and decline of the Ukrainian state after a population of Galychyna-Volynia state. Continuation of Kyivan Rus traditions; Russian chauvinistic historiography.

### LIST OF QUESTIONS FOR DISCUSSION

#### 1. First principles of human life:

- concepts of the origin of man;
- Pithecanthropus, Neanderthals, Cro-Magnons;